



**INTERFAITH  
FOOD BANK**  
SOCIETY OF LETHBRIDGE

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## Christmas Programs 2011

This Christmas season Interfaith Food Bank is partnering with the Lethbridge Food Bank and the Salvation Army to ensure that every family in our community that requests assistance for Christmas gets the help they need. By working together, we can maximize resources and limit duplication of services. Resources we receive at Christmas time will also help in planning our activities in the year to come. **Here are some ways you can help!**

**Christmas Hampers:** We are collecting supplies for our regular monthly food allotments and supplies necessary for Christmas Meals, which include turkey/ham and all the fixings, Christmas treats and breakfast and lunch options. You can contribute by donating the supplies necessary for building these hampers, or by offering a cash donation to purchase the necessary items - **\$150** will cover supplies for a medium family, **\$200** will take care of a large family.

**Adopt-A-Family Program:** Choose to adopt a family this Christmas, and do their shopping for them! Donors contact Interfaith Food Bank and we will provide the age and gender of each family member. Donors then purchase all necessary supplies, then drop off their bundle of cheer at Interfaith for us to distribute to the chosen family. **For those who choose to shop** – please contact Interfaith for a list of items to include with your bundle. **For those who do not have time to shop** – we will do the work for you; simply make a donation designated for one of the following:

*Family of 2 - \$100; Family of 3-4 - \$150; Family of 5-6 - \$200; Family of 7-8 - \$250*

**Follow the Star Program:** Make a pledge to “follow” a single parent and his/her child(ren) through the colder winter months. This parent will be provided with a larger hamper, as he/she applies, during January, February and March, in addition to receiving a plentiful Christmas Hamper and gifts for the children in December.

**One cheque covers the family for 4 months!**

Follow a single parent with one or two children - **\$300**

Follow a single parent with three or four children - **\$400**

Follow a single parent with five or more children - **\$500**

**The Gift of Giving:** Do you have someone hard to buy for? Give the gift of giving by donating to Interfaith Food Bank in the name of a friend or family member. We will enclose an acknowledgement of your gift in an attractive Christmas card for you to mail or hand deliver, and your gift is giving to a family who will benefit from your generosity.

**Under the Tree Toy & Gift Program:** Put a tree up in your office, church, school or business and encourage others to bring food, toys, goodies, or stocking stuffers for children under 17 years of age. No room for a tree? We will provide you with a decorative bin to collect items on behalf of Interfaith Food Bank, and will even pick it up when it is full. Please do not wrap gifts, and we would like to have bins returned between December 7-15<sup>th</sup>. Encourage others to be a “Secret Santa” for families in need.

### CHRISTMAS HAMPER WISHLIST

<i>Turkey / Ham / Chicken</i>	<i>Cereal</i>	<i>Pork &amp; Beans</i>	<i>Coffee/Tea/Hot Chocolate</i>
<i>Canned Vegetables</i>	<i>Dry Pasta</i>	<i>Macaroni &amp; Cheese</i>	<i>Chocolates/Candies</i>
<i>Cranberry Sauce</i>	<i>Pasta Sauce</i>	<i>Instant Noodles / Ichiban</i>	<i>Candy Canes</i>
<i>Stuffing Mix</i>	<i>Baby Food</i>	<i>Hamburger Helper</i>	<i>Mandarin Oranges</i>
<i>Canned Meat/Fish</i>	<i>Canned Soup/mix</i>	<i>Cake Mix</i>	<i>Meat Vouchers / Gift Cards</i>
<i>Peanut Butter/Jam</i>	<i>Canned Fruit</i>	<i>Pudding/Jello Mix</i>	<i>Toys for children 17 &amp; Under</i>