



**INTERFAITH
FOOD BANK**
SOCIETY OF LETHBRIDGE

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Suggestions for Christmas Involvement

The Season of Giving often inspires us to think about ways we can help others to enjoy a Merry Christmas. At Interfaith Food Bank, we encourage community members to take advantage of the spirit of generosity to engage family members, co-workers and other associates in activities that can help us to fulfill our mission.

Every year we receive an outpouring of support from our community as the holiday season approaches. Here are some ideas of how you can help:

Collect on our behalf— collect financial donations or encourage others to bring in non-perishable food items to your location or special event.

Incorporate giving into your annual Christmas party—designate a portion of ticket price, raffle proceeds, or other activities for the food bank.

Volunteer at special events—contact our office to see if we have opportunities to give of your time on evenings or weekends during the pre-Christmas rush.

Create your own fundraiser—host a dinner, put on a concert, conduct a draw or bake sale, and donate your proceeds to Interfaith.

Sponsorship Opportunities are available to those who would like to help cover costs of specific programs such as our Diabetic or Baby Bundles; for events such as the Whoop Up Days Pancake Breakfast, Charity Dinner & Silent Auction, or Volunteer Appreciation.

Select Interfaith Food Bank as your Charity of Choice, and continue to give year round, or through the United Way.

Opportunities to give exist year round as well, and don't have to be limited to traditional food drives or collections. We encourage group organizers to work with participants to incorporate giving into activities at your regular meeting times and locations:

Knit or Sew— our Baby Bundle program is always in need of bonnets, bibs and booties, receiving blankets, etc. Families can also benefit from warm quilts, hats and mittens.

Bundle Up— choose a specific program or project such as Birthday Bundles or Hygiene Packs, then gather supplies and bundle them together for our families.

Inspire Change for the Better—ask for an Interfaith Food Bank Money Can to collect spare change or collect funds from Casual Fridays, "Late for the Meeting Fines", or to help you make changes for the better—put a coin in the can each time you have a cigarette, use a curse word, or forget to make the bed!

Make it a Tradition—incorporate giving into your celebrations by making a donation in honor of birthdays, retirements and other special achievements.

Waste Not Want Not—turn unused supplies into donations for our programs and activities; turn recyclables into food by returning bottles and cans to the Rehabilitation Society to have the refund designated for Interfaith.

Do Your Thing— do what you do best and donate proceeds, product or services.

We are happy to work with you to support your efforts. Let us know your plans and ask how we can help!