

A little about us:

At Interfaith Food Bank, our mission is to recognize the human dignity of those in need and to provide food and access to services and resources generated from within our community.

We cater to those in a variety of situations, ranging from single-parenthood, to seniors on fixed incomes, to the under- or unemployed, and to those with other social or economic barriers.

We began providing emergency food services to citizens of Lethbridge and area in 1989. We have grown exponentially since that time, as the community recognizes, assesses and attempts to satisfy the needs of those in crisis.

We cannot do this work on our own, and that is where you come in. As a recognized non-profit charitable organization, all of our resources come from the generosity and investment of the community.

It is with the help of people who desire to build community and become involved in the development of it that we are able to operate and even exist.

People like you.

To find out more, or to apply to volunteer, contact Kelsey at:

403-320-8779

kelsey@interfaithfoodbank.ca

OR fill out the online application.

Connect with us:

Administration & Donations

Monday - Friday, 8am-4pm

403-320-8779

info@interfaithfoodbank.ca

Client Intake

Monday - Friday, 9:30-11:45am

Monday - Thursday, 1-3:30pm

403-320-8022

The Second Door Thrift Store

Monday - Friday

9:30am-Noon & 1-3:30pm

403-320-8779



@IFBLethbridge



facebook.com/lethbridgeinterfaith

interfaithfoodbank.ca

Find us at:

1103 3 Avenue North

Lethbridge, AB T1H 0H7

(same building as West Wind Gymnastics)

I volunteer because:

"I want to contribute to my community."

"It's an opportunity to help others, and a cause I believe in, as well as an opportunity to grow as an individual."

"I like to be busy and feel useful."

"It gives me good experience that might one day help me get a job."

Here at Interfaith Food Bank, we look for volunteers who have a passion for community and recognize the privilege it is to serve those in need.

Our community focus includes not only the clients we serve, but also the volunteers who enable us to offer the services we do. We work hard to create an encouraging and enriching environment that our volunteers will want to keep coming back to, and a team that they can be proud to be a part of.

Volunteer Opportunities:

Please note that all volunteer positions involve some orientation and training. We also ask that volunteers be prepared to commit to 3-4 hour shifts and a long-term association with us. (Some exceptions may apply, i.e. community service or student volunteers.)

Client Intake

Duties include reception of clients, processing client orders, lifting and carrying food hampers, data entry, and other tasks as assigned.

Hamper Puller

Duties include lifting and carrying food hampers, selection and disposal of perishable foods no longer suitable for distribution, selection and arrangement of perishable foods to replace those disposed of, and general upkeep of the Client Intake area.

Warehouse

Volunteers assist with sorting and packaging food and other items, building food hampers, sweeping and washing floors & tables, and other general cleaning tasks. Volunteers also assemble Diabetic Bundles, Goodie Bags, and Baby Bundles according to prearranged instructions, and repackage bulk items for dispersal to clients. Volunteers are primarily responsible for one of the following positions: **Repackager**, **Sorter** or **Warehouse**. Prior to holidays and fundraisers we have increased need for help in this area.

Hamper Builder

Volunteers assemble Food Hampers for monthly distribution according to provided item lists.

Office/Administration

Volunteers assist with the reception of donors and visitors, photocopying, stuffing envelopes, answering phones and other duties as required.

The Second Door Thrift Store

The Second Door volunteers are responsible to manage the store & sales transactions, stock shelves, and other duties as applicable. Find out more about this in-house fundraising opportunity on our website: interfaithfoodbank.ca.

Gardener

Volunteers assist with watering, pruning, weeding, lawn maintenance, harvesting produce, composting, and other duties as required. This is a seasonal position. We may also be recruiting Garden Mentors.

For those interested in a shorter or occasion-based commitment, there are other ways to be involved:

Casual volunteers assist with specific projects that are usually organized by outside groups for the benefit of the Food Bank. Most often our role in these projects is to facilitate the collection of donations, assist with promotions, and to provide volunteers for various shifts and duties. Casual volunteers are placed on a list and contacted to inquire about their availability for specific events.

We also offer limited placements for students needing credit hours and community members participating in the Fine Option program.