



**INTERFAITH  
FOOD BANK**  
SOCIETY OF LETHBRIDGE

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## Christmas Programs 2021

This Christmas season Interfaith Food Bank is partnering with Volunteer Lethbridge, Lethbridge Food Bank, Salvation Army, Lethbridge Family Services Angel Tree and My City Care Shop of Wonders to ensure that every family in our community that requests assistance for Christmas gets the help they need. By working together, we can maximize resources and limit duplication of services. Resources we receive at Christmas time will also help in planning our activities in the year to come. **Here are some ways you can help!**

**Christmas Hampers:** We are collecting supplies for our regular monthly food allotments and supplies necessary for Christmas Meals, which include turkey/ham and all the fixings, Christmas treats and breakfast and lunch options. You can contribute by donating the supplies necessary for building these hampers, or by offering a cash donation to purchase the necessary items - **\$100** will support a single, **\$150** will cover a medium family, **\$200** will take care of a large family.

**Gnome for the Holidays Program:** Come Gnome for the Holidays! Select a Gnome from our tree to support individuals or families in need. Purchase gifts for household members and a grocery gift card to cover perishable items added to the hamper provided by the food bank. Gnomes include couples, families with children, and single adults and seniors - who often get missed during the Christmas season. Connect with our office for more program details. **For those who do not have time to shop** – you can donate financially, and we will take care of everything. Individual **\$125**, Family of 2 **\$200**, Family of 3-4 **\$375**, Family of 5-6 **\$525** (includes gifts and grocery gift card).

**Follow the Star Program:** Make a pledge to “follow” a single parent and his/her child(ren) through the colder winter months. This parent will be provided with a larger hamper, as he/she applies, during January, February and March, in addition to receiving a plentiful Christmas Hamper and gifts for the children in December.

**One cheque covers the family for 4 months!**

Follow a single parent with one or two children - **\$350**

Follow a single parent with three or four children - **\$450**

Follow a single parent with five or more children - **\$550**

**The Gift of Giving:** Do you have someone hard to buy for? Give the gift of giving by donating to Interfaith Food Bank in the name of a friend or family member. We will enclose an acknowledgement of your gift in an attractive Christmas letter for you to mail or hand deliver, and your gift is giving to a family who will benefit from your generosity.

**Under the Tree Toy & Gift Program:** Put a tree up in your office, church, school or business and encourage others to bring food, toys, goodies, or stocking stuffers for children under 17 years of age. No room for a tree? We will provide you with a decorative bin to collect items on behalf of Interfaith Food Bank, and will even pick it up when it is full. Please do not wrap gifts, and we would prefer to have bins returned by December 3<sup>rd</sup> as our distribution begins on the 6<sup>th</sup>. Encourage others to be a “Secret Santa” for families in need.

### CHRISTMAS HAMPER WISHLIST

<i>Turkey / Ham / Chicken</i>	<i>Cereal</i>	<i>Pork &amp; Beans</i>	<i>Coffee/Tea/Hot Chocolate</i>
<i>Canned Vegetables</i>	<i>Dry Pasta</i>	<i>Macaroni &amp; Cheese</i>	<i>Chocolates/Candies</i>
<i>Cranberry Sauce</i>	<i>Pasta Sauce</i>	<i>Instant Noodles / Ichiban</i>	<i>Candy Canes</i>
<i>Stuffing Mix</i>	<i>Baby Food</i>	<i>Chili / Canned Pasta</i>	<i>Juice</i>
<i>Canned Meat/Fish</i>	<i>Canned Soup/mix</i>	<i>Cake/Pancake Mix</i>	<i>Meat Vouchers / Gift Cards</i>
<i>Peanut Butter/Jam</i>	<i>Canned Fruit</i>	<i>Pudding/Jello Mix</i>	<i>Toys for children 17 &amp; Under</i>