

INTERFAITH FOOD BANK SOCIETY OF LETHBRIDGE

Annual Report 2025



CHARITY INTELLIGENCE 2025

**TOP 10 IMPACT:
FOOD BANK**



**2025
TOP 100 CHARITY**

Charity Intelligence's Highest Rated Charities

★★★★★

Vision Statement

In partnership with the community, Interfaith Food Bank Society of Lethbridge is a leader in alleviating hunger and its root causes.

Mission Statement

Interfaith Food Bank Society of Lethbridge recognizes the human dignity of those in need and provides food and access to services and resources generated from within our community.

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Land Acknowledgement

Interfaith Food Bank is deeply connected to this land, the traditional land of the Blackfoot Niitsitapi people. We acknowledge the history and resilience of the Blackfoot, Metis, Inuit and other First Nations people who call this land home.

We recognize and value the gifts from this land: food, water, medicine, teachings, connection and joy, sustaining us through the changing seasons.

Interfaith Food Bank strives to be a sanctuary where all people can find nourishment and healing over time. We recognize that change is a journey and will continue to practice Reconciliation at every step through sharing, caring, honesty, and respect.

ABOUT US

We have been providing emergency food assistance to Lethbridge and area since 1989 and work with the community to secure the resources necessary to provide services to individuals and families in need.

Food security is our main goal. We believe it is necessary to meet immediate needs first, and then to connect our clients with the other community resources that can help address the underlying issues that place them in need of emergency food assistance.

We also play a significant role within the Food Bank Network and support local agencies and programs by sharing food for food security and poverty related initiatives. We glean, we share, we support and empower.

4 Foundational Pillars

Service & Care

Providing support in an environment that is welcoming, inclusive, and accessible while empowering clients and decreasing barriers to service.

Community Engagement & Public Education

Developing opportunities for, and contributing to, conversations on poverty and food security in our community. Supporting recommendations for change and working to find long term solutions.

Operations

Operations are run effectively and safely through detailed, efficient processes and policies while using nutritional guidelines to inform and support the community's needs.

Administration & Governance

Ensuring organizational accountability, governance, and capacity to achieve goals and objectives through planning and strategic decision making.

A Message from our President



Thank you for your interest in Interfaith Food Bank Society of Lethbridge. As President of the Board of Directors, I wish to welcome you as a member of the society, a volunteer, a donor, a client, and supporter of the mission to alleviate hunger and its root causes in Lethbridge and surrounding area.

Interfaith Food Bank is a community of people that make a daily meaningful difference in the lives of individuals and families. It takes everyone reading this message to make it happen. It is hopeful work, that believes in the goodness and generosity of others, and in the power of providing people with what they need to help them succeed.

This year the Board of Directors has been gathering information, and listening to people. As Interfaith Food Bank has grown, it has accomplished many of the objectives set out in our previous 5 year Strategic Plan, and now it is time to launch a new Strategic Plan to help steer the organization into the future.

As Board Members have met with staff, sifted through survey data, and continued to work with the policies, processes, and people that make an impact at Interfaith Food Bank, we are proud of the continued work and excellence of the organization; of the strong staff and volunteer base that keep everything going; and of the primary objective to improve food stability in our community through client dignity and access to food and resources.

We look forward to announcing three new strategic goals and working together to create the plans that will help Interfaith Food Bank Society of Lethbridge continue to be a leader in food security. Welcome, and join us in making Interfaith Food Bank Society of Lethbridge a strong, sustainable, compassionate place for people to serve, grow, learn and thrive together.

Angela Wilde



Emergency Food Assistance

Meeting immediate needs and connecting community members with supports to address issues preventing food security.



Community Connections



Providing free cooking classes to empower healthy eating on a limited budget; and building skills, knowledge, and community connections in our commercial kitchen spaces.



A Message from our Executive Director



What a year it has been! It took decades for food bank use in Canada to hit one million visits per month, and just over 6 years to double that. 2025 was a year of innovation as we worked to ensure that our clients were provided with the supports they needed, but also empowered to move beyond emergency food supports towards their own food security.

We've seen several food banks struggle this year, having to cut back services or quantity of food they were able to provide, with some having to close their doors all together. But through creativity and partnerships, Interfaith Food Bank was able to maintain our service levels through some slight policy changes and a continued commitment to engaging our community of donors, volunteers and partners in our fight against hunger.

We achieved accreditation through Food Banks Canada's Standards of Excellence program, a testament to our team's hard work and dedication to providing our clients with the highest quality of service. The Standards of Excellence are designed as a baseline set of standards to which the food banking network holds itself accountable and will benchmark future performance improvement in client service and care, food operations, safe handling and more. The standards reflect leadership and commitment to continually enhance our collective capabilities to relieve hunger today and prevent hunger tomorrow.

Charity Intelligence also recognized IFB again, for the 5th year in a row as a Top 10 Impact Food Bank, and for the third consecutive year as a Top 100 Charity. We are proud of the progress we've made in decreasing barriers to access and increasing participation in our Client Advocacy Programs, and 2025 we amplified our volunteer training. Kitchen and Garden programs continue to provide participants with tangible skills and community connections, and our Food Rescue and Recovery programs continue to streamline the distribution of surplus food to people before animals and landfills.

While we've invested a lot into our programs and processes, it is our people who have made the greatest impact to the supports we provide. Our staff and volunteers display a culture of positivity and inclusion, and exemplify the privilege it is to serve our community. Our Board of Directors is strong, focused on leadership and hope for the future. It has been an honor to work alongside such amazing people who make IFB what it is today, and who will ensure we're here for our community for years to come.

Danielle M. Fortye



Inspiring food literacy, growing food, knowledge and skills, and providing an outdoor gathering space, reconnecting us to the land that sustains us all.



Food Share

Sharing food within a streamlined system with partner agencies and area food banks; and extending the shelf life of valuable food resources.



Interfaith Food Recovery Program

OUR TEAM

2025-2026 Board of Directors



Angela Wilde
President



Sandra McGrath
Vice President



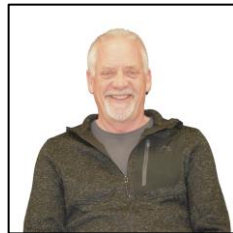
Laurie Gibson
Secretary



Keith Greeno
Treasurer



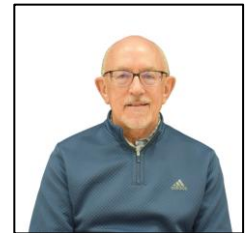
Echo Nowak
Director



Rich Thiessen
Director



Brittia Tonin
Director



Blair Roth
Director



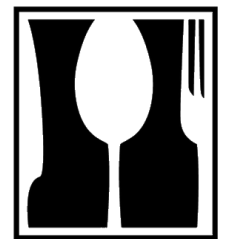
Marge Fisher
Director



Dawn Walmsley
Director



Manisha Stephen
Director



INTERFAITH
FOOD BANK
SOCIETY OF LETHBRIDGE

2026-2027 Memberships Available

Members privileges/rights are as follows:

- Eligibility to apply for nomination to the Board of Directors (elected from membership).
- Attendance at Board meetings
 - Members at large may request permission to attend Board meetings, they may speak at the meeting but do not have voting privileges. Members at large will be excused when the Board is in camera or confidential agenda items are being discussed.
- Attendance at the Annual General Meeting (AGM)
 - Members at large have the right to receive a notice of meeting and to attend the AGM.
 - Members at large have the right to speak to AGM agenda items and to vote on any motion at the AGM.
- Membership on Board Committees
 - Members have the right to request and may be approved as members of Board Committees.

OUR TEAM

2025 Staff Team



Danielle McIntyre
Executive Director



Neil Heaton
Operations Manager



Gladys Karanja
Client Intake Supervisor



Amy Granger
Fund Development



Jessica Gelata
Volunteer Supervisor



RJ Westra
Food Access
Coordinator



Troy Tollestrup
Warehouse Manager



Michelle Parry
Food Share
Coordinator



Aaron Fedunec
Driver & Operations



Cindy Friesen
Facility Use
Coordinator



Myla Krippel
Admin & Finance
Assistant



Mariam Ghali
Client Advocacy
Coordinator



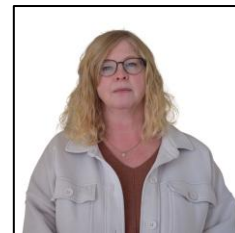
Taylor Doyle
Marketing &
Communications



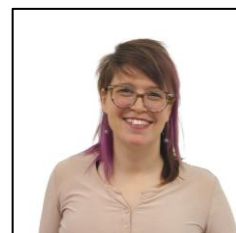
Holden Fafard
Garden Coordinator



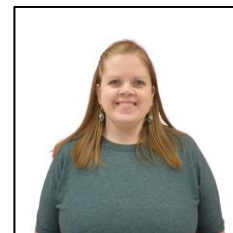
Tosh Wells
Summer Events
Coordinator



Lisa Schalk
Standards of
Excellence



Megan Miller
Kitchen Coordinator
(Family Centre)



Jocelyn Hill
Early Childhood Educator
(Family Centre)

Scan to Donate or Connect Online:



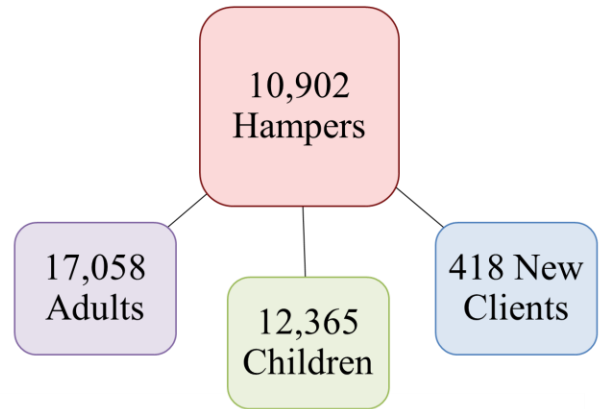
Membership & Accreditation



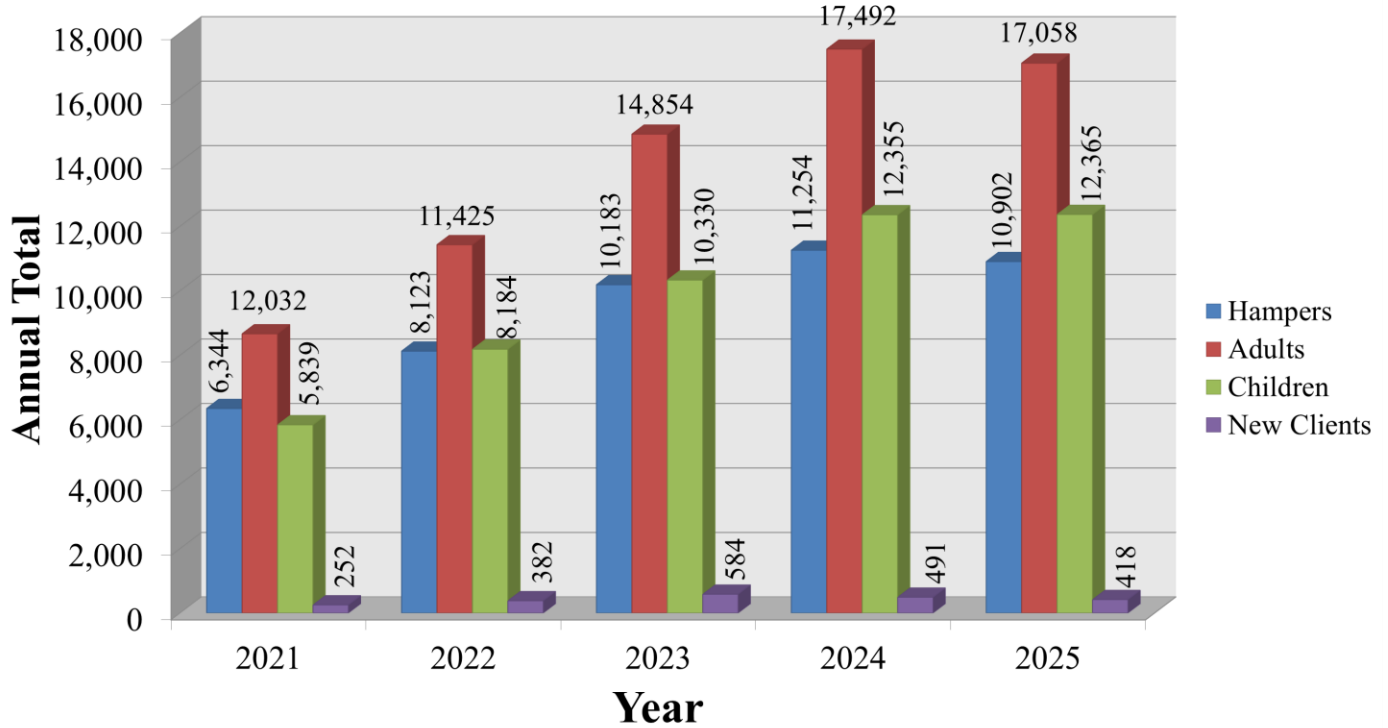
EMERGENCY FOOD ASSISTANCE

Food Hampers 2025

Investments in our Client Advocacy Programs and partnerships have allowed us to maintain service levels similar to last year, despite the ongoing Food Security Crisis.



IFB Annual Totals for Hampers, Adult & Child Clients, and New Clients 2021-2025



Additional Food Packages 2025

1,960	1,635	1,618	660	577	529
After The Bell Packs	Halal Hampers	Diabetic Bundles	Pregnancy Increase	Birthday Bundles	Baby Bundles

We meet immediate needs first, and then work to empower those we serve towards their own food security.

CLIENT ADVOCACY

Our Resource Room provides a safe and inviting space where clients can access resources and create connections to address the underlying causes of their food insecurity.

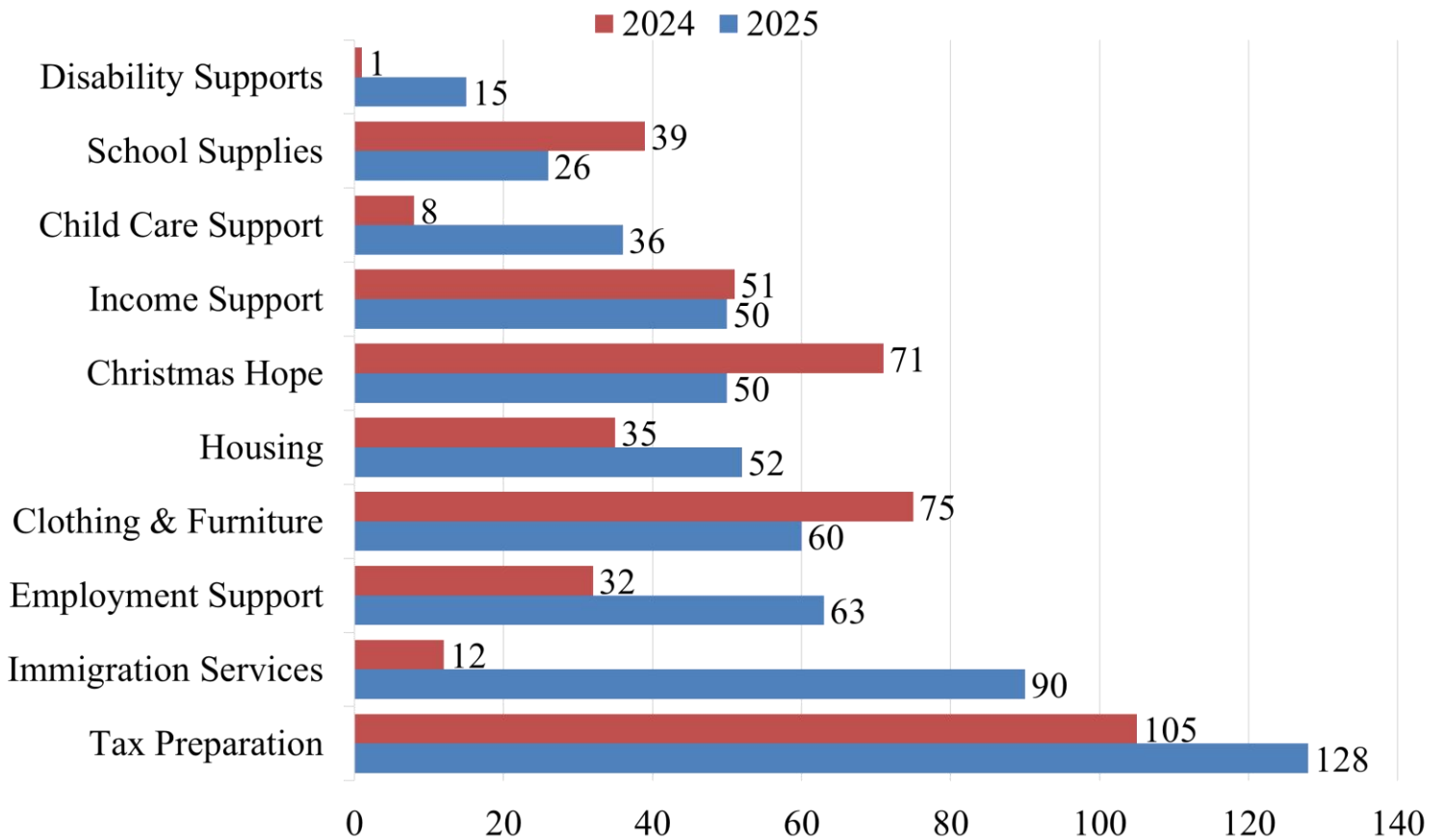
1136 Visits to the Interfaith Resource Room

507 Referrals made to over 20 Local Supports

629 People Directed to IFB Programs



Top Referrals



Client visits to the Resource Room have nearly doubled the number of referrals made to partner agencies in the last three years (2023-2025).

KITCHENS



Community Kitchen

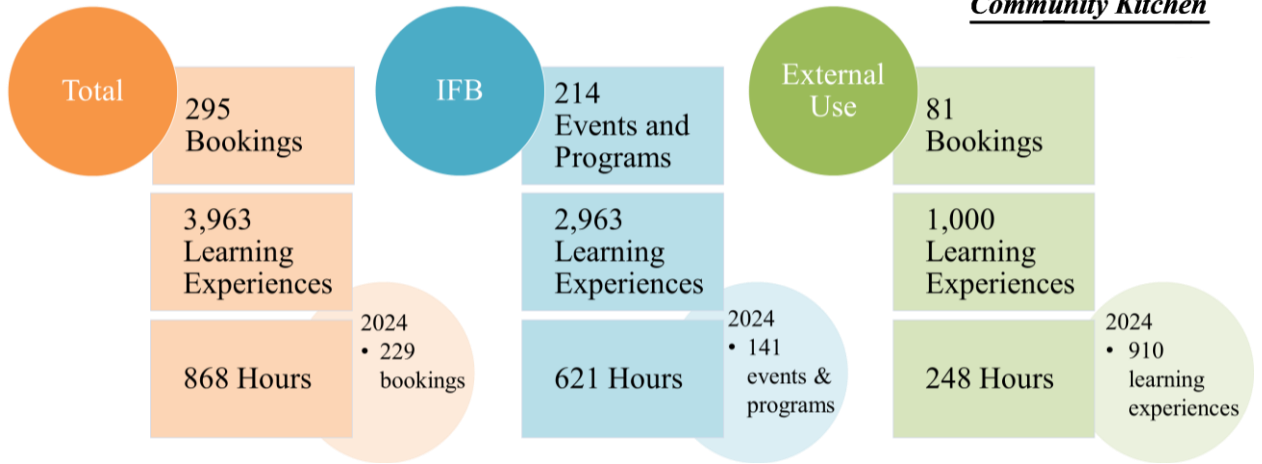
Designed for group cooking classes and community programming, this large commercial kitchen offers opportunities to gather, share and learn.



Food Recovery
136 Programs



Co-op Community Kitchen Usage 2025



Interfaith Chinook Country Kitchen

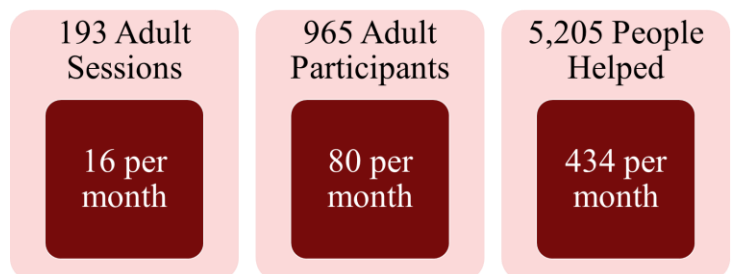


In Partnership with:

Designed to teach people how to cook healthy food on a limited budget, free cooking classes empower participants with knowledge, skills, and community connections.



Adult Cooking Classes 2025



GARDENS

We aim to empower community members towards food security through gardening and access to traditional food sources.



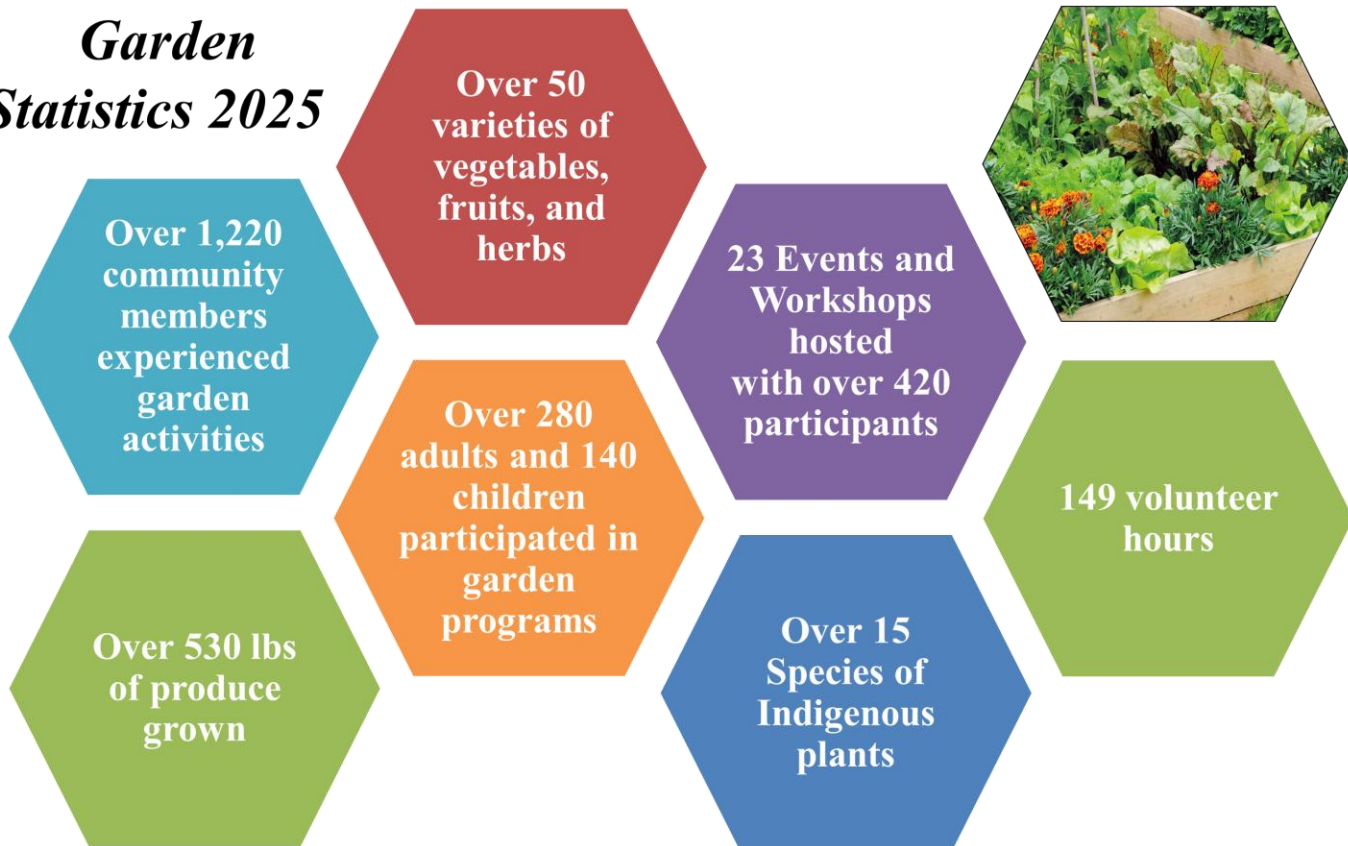
The Indigenous Healing Garden grows plants traditionally used by the Blackfoot people for food, medicine and spiritual use, reconnecting to the land that sustains us all.



Interfaith Learning Garden

Interfaith Learning Garden teaches people how to grow their own food. Different than a community garden, this produce is primarily for use in cooking classes and for distribution to food bank clients.

Garden Statistics 2025



FOOD STOCKS & FOOD SHARING

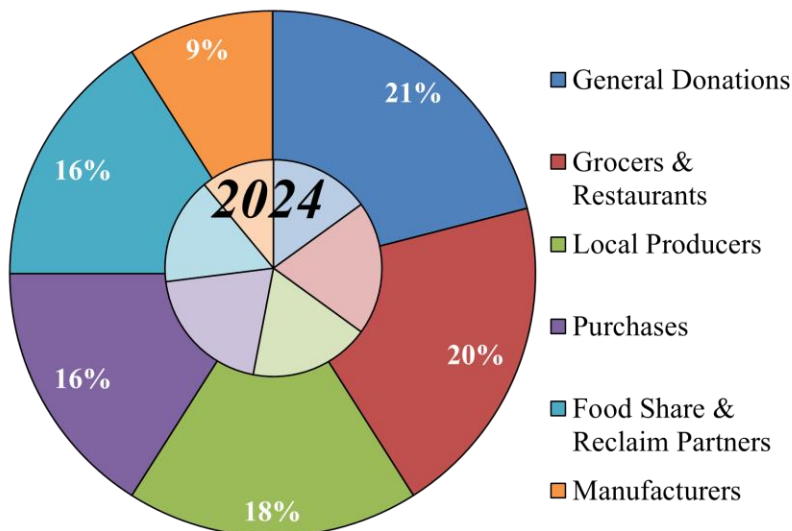
Our gleaning process provides for our internal programs and allows us to share with other agencies and area food banks.

*Food Surplus
End of 2024:
135,707 pounds*

*Food Intake 2025:
1,906,316 pounds*

*Food Output 2025:
1,880,682 pounds*

Food Intake 2025



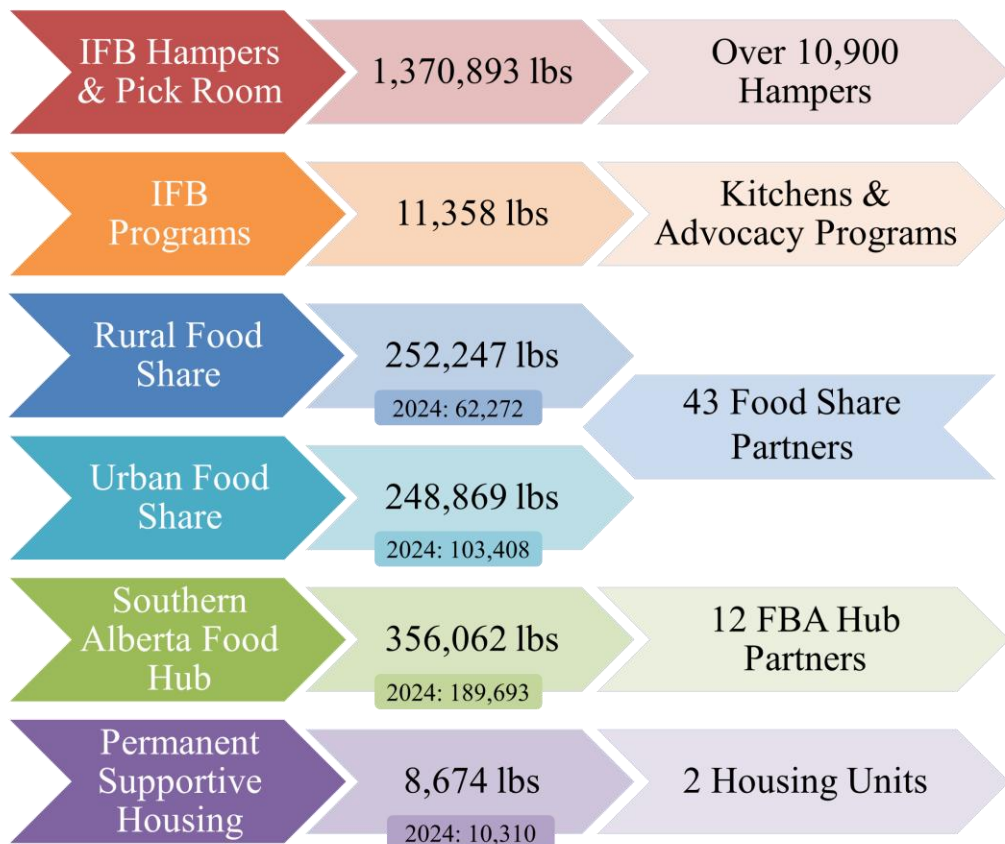
More than 150,000 pounds of food is handled every month.

Food Distribution 2025



Food Share

By sharing our surplus food stock and supporting the National Food Share System in partnership with Food Banks Alberta, over 855,000 pounds of food were distributed to Food Share Partners in 2025. This is more than double what was shared in 2024!



CAPITAL IMPROVEMENTS

With support from an anonymous donor we were able to replace our North HVAC units.



Municipal and Provincial grants brought new life to our Administrative wing and warehouses through the Floors and Doors Project.



We were able to reduce service barriers for volunteers and clients alike with funding from Food Banks Canada's 2025 Access Grant, adding bike racks, change tables, and sound dampening panels.



Food Banks Canada's Capacity Boost Grant provided a new reach in freezer and freezer specific food handling equipment.



Grants from Food Banks Alberta, Arconic Foundation, and Stirling Wind Project allowed for multiple kitchen equipment upgrades and additions.



We replaced the mulch pathways in the garden with gravel donated by Ground Breakers and volunteer labour.

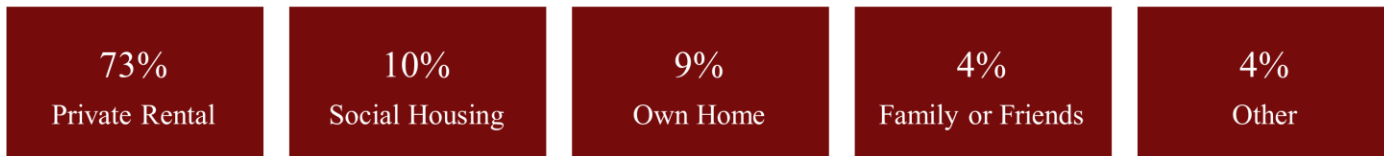


Support from Sproutbox Garden Inc. and Scotts Gro For Good helped us replace some rotting cedar beds with eco-friendly steel planters.

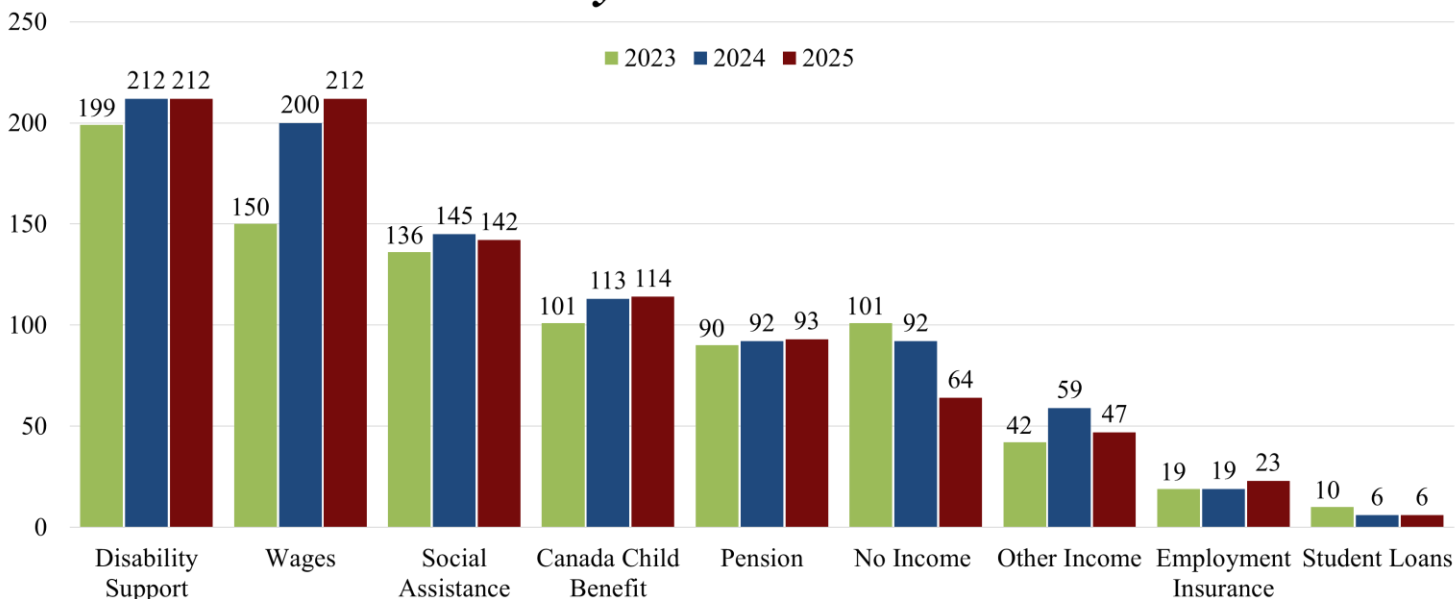
PUBLIC EDUCATION

By telling the stories of those we support, we aim to influence policy and inspire positive change.

Housing Types 2025

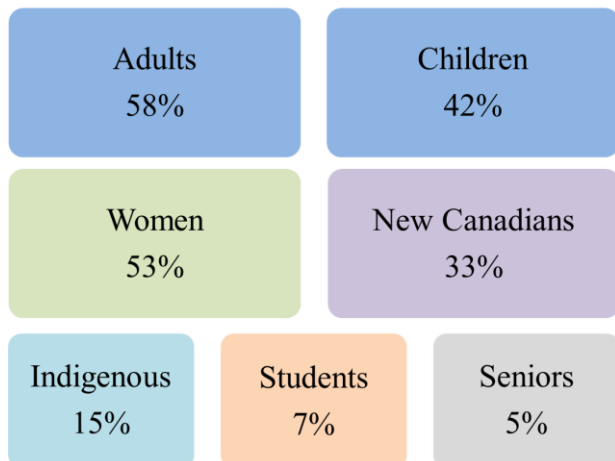


Primary Income Sources



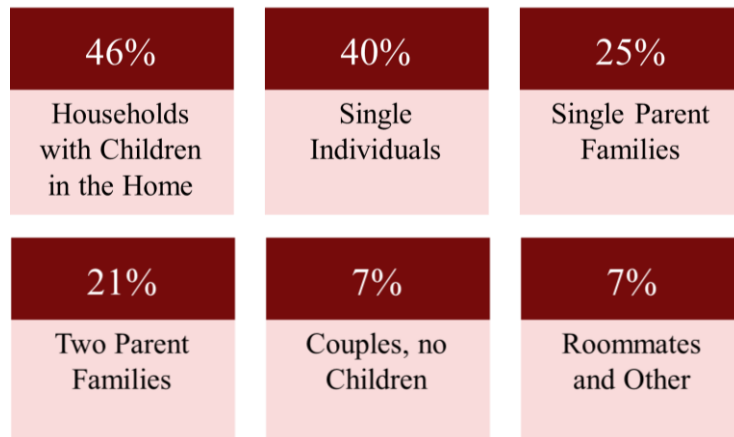
Demographics 2025

Average of 909 Households
Per Month



We support those in a variety of situations. During times of crisis, anyone may find themselves in need of our services. We are here for our community, and prioritize vulnerable populations.

Household Dynamics 2025



VOLUNTEERS



Over 250 volunteers contributed 32,700 hours of service in 2025!

Volunteer Hours 2025

We are a community organization inspired by, led by, and operated by community members. We have a very small staff team and rely upon a dedicated crew of volunteers to bring our vision to reality.

Our volunteers have a passion for community and recognize the privilege it is to serve those in need. Our community focus includes not only the clients we serve, but also the volunteers who enable us to offer the services we do. We work hard to create an encouraging and enriching environment that our volunteers will want to keep coming back to, and a team they can be proud to be a part of.

149 hours – Garden

507 hours – Volunteer Training

685 hours – Board of Directors

850 hours – Events and Off Site Activities

1,356 hours – Helpful Hobbies

1,380 hours – Community Kitchens

2,098 hours – Reception and Administration

2,613 hours – Thrift Store

9,544 hours – Client Services

13,572 hours – Warehouse

COMMUNITY ENGAGEMENT

Engaging with our Community raises the awareness of Food Security and sometimes helps to recruit resources. Most importantly, it inspires community members to action, and to advocate on behalf of our cause.



In June we joined the City of Lethbridge in celebrating National Indigenous Peoples Day.



Many community members joined us for the annual Canada Day Party in the Park at Galt Gardens. We made 1,000 breakfast sandwiches and served them until we ran out!



For our last BBQ of the summer, we joined Logic Lumber for the annual Rob Dixon Memorial Car Show.

Over 750 guests joined us for our Whoop Up Days Pancake Breakfast and we were particularly proud of the handmade food costumes featured on our parade float.



Engineering firms joined forces to compete, showing off their skills and collecting more than 10,000 cans of food for local food banks.



COMMUNITY ENGAGEMENT



This Christmas IFB provided 1,014 holiday hampers complete with all the fixings for a special meal. Working collaboratively with Christmas Hope Agencies, more than 8,800 people received holiday help. Almost 1,400 volunteers contributed over 11,000 hours of service to ensure every family had the chance to enjoy a Merry Christmas with food on the table and gifts under the tree for the little ones!



Multiple agency partners worked together for Ready Set Go Back to School Fairs that helped 1,665 students with school supplies.



Trick or Eat recruited lots of food brought in by those collecting cans instead of candy!

We invited clients and community members to join us in various cultural cooking classes. Hosting Arabian Nights, Somali Chai, and Sudanese cooking, these participants came together for great community and cultural cuisine. These workshops created networks of support, connection to community resources, and opportunities to give back.



Our Garden Party in celebration of International Garden Days and our Christmas Market featured our Food Recovery and Helpful Hobbies products made by volunteers to raise funds for IFB programming.



The City Wide Water Drive recruited more than 36,000 bottles of water for distribution to those unable to escape the extreme summer heat.

CAMPAIGNS & EVENTS



Food Bank Guardians ensure capacity for future services through substantial, multi-year commitments.

Mikado Electric and Hobgoblin Holdings Foundation continued their commitments as Food Bank Guardians and encourage others to join in their pledge to ensure the food bank is here to serve our community for years to come.



We were excited to be chosen to be a recipient of the Tim Hortons Holiday Cookies. Our volunteers had lots of fun decorating cookies to raise funds for IFB.



Tim Hortons



Rogers Charity Classic Birdies for Kids Campaign matched community donations up to 50%, raising over \$43,000.

The annual Friends of Interfaith Charity Dinner and Silent Auction was a huge success. This year we raised more funds to support IFB programs than ever before.



The Second Door Thrift Store sells new and gently used household items to raise funds for food purchases and operational costs and provides affordable items for food bank families.

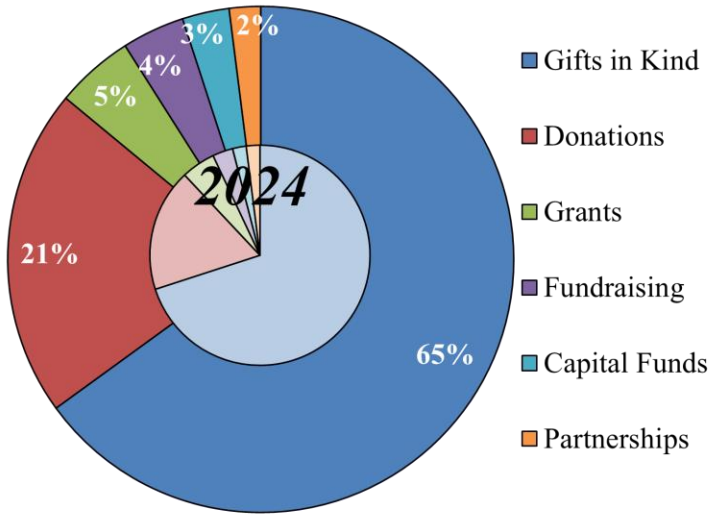
The majority of our support is received from others hosting events on our behalf. Our team is always ready to help out!

- AMA annual Fill Our Fleet and Shred It Campaigns
- Evergreen Golf Centre Scramble in the Suites
- Vanee Farm Centre Pancake Breakfast
- Davis GMC Buick Free Oil Lube and Filter Event
- Lethbridge Bulls Field of Screams
- Lethbridge Hurricanes Teddy & Toque Toss
- And so many more!

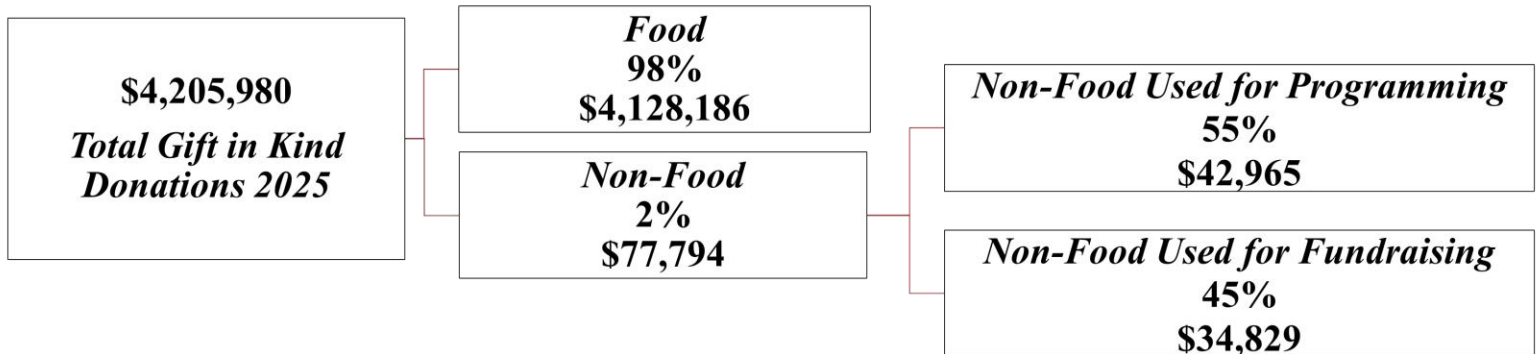
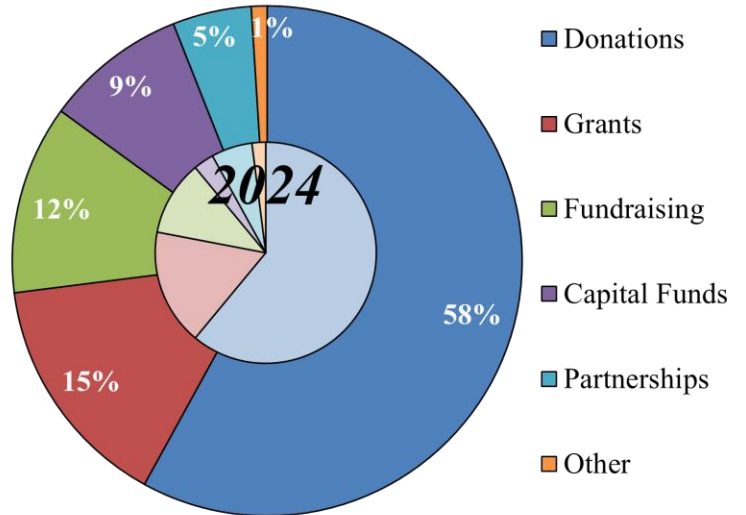


INCOME

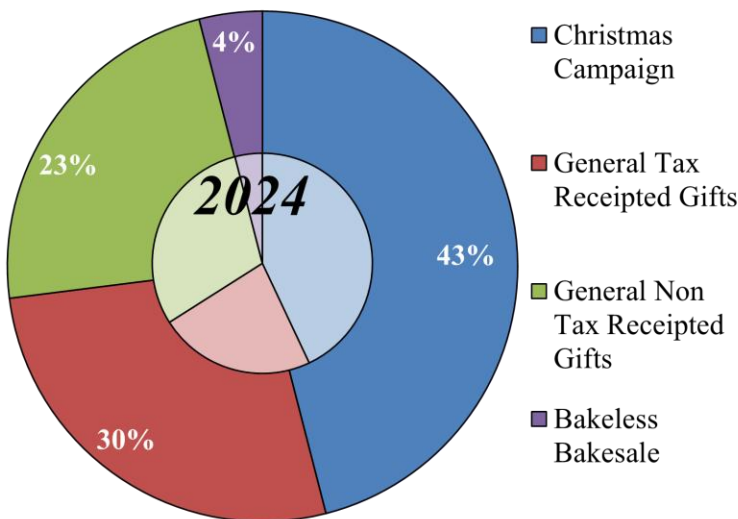
Income Breakdown 2025



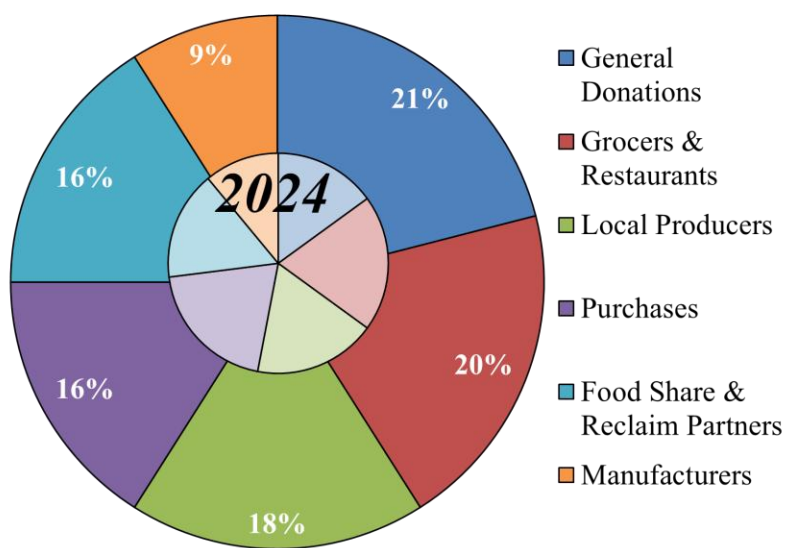
Financial Breakdown 2025



Financial Donations 2025



Food Intake 2025

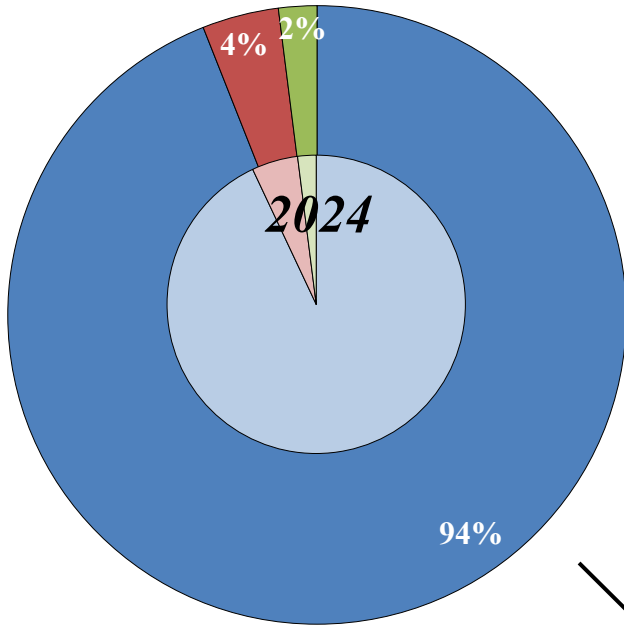


The majority of our support is received In-Kind, primarily in food. The bulk of our finances are received from donations, grants and fundraising initiatives.

EXPENSE OVERVIEW

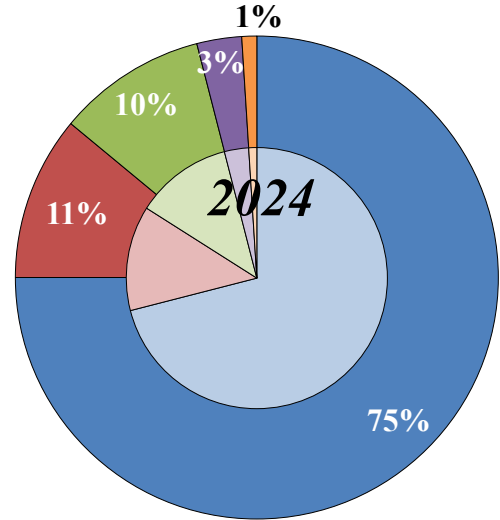
Expense Breakdown 2025

■ Programs ■ Administration ■ Fundraising



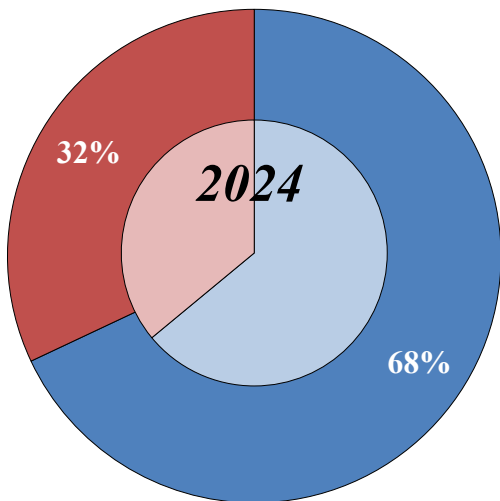
Program Expenses 2025

■ Donated Food & Supplies ■ Purchased Food & Supplies
 ■ Wages & Benefits ■ Facilities
 ■ Program Administration



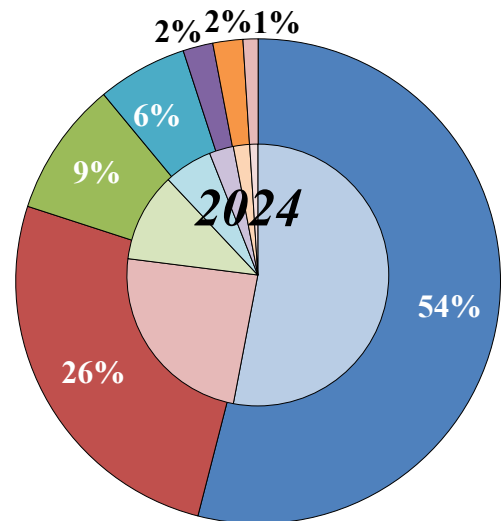
Fundraising Expenses 2025

■ Wages and Benefits ■ Event Costs & Supplies



Administration Expenses 2025

■ Wages and Benefits ■ Office and Telephone
 ■ Insurance ■ Professional Fees
 ■ Interest and Bank Charges ■ Security
 ■ Licenses and Memberships

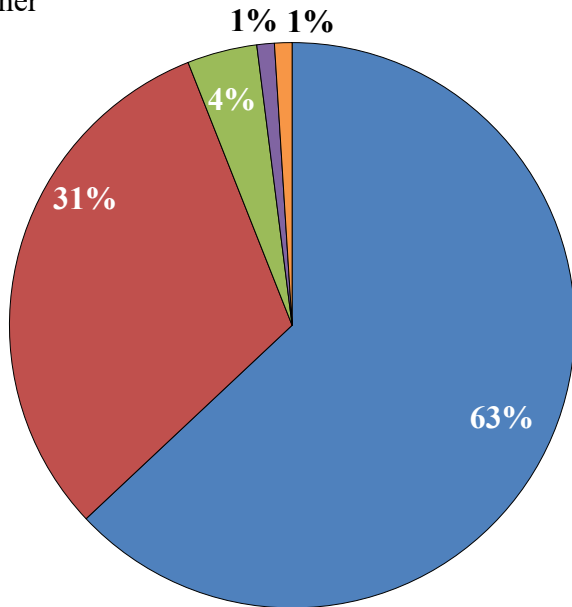


The majority of our expenses are directly program related and align with our primary activities: food and facility. The permanent team of 13 employees supervise over 250 volunteers to provide services within our 22,000 ft² facility that includes 2 warehouses, 2 kitchens, 2 gardens, and a small thrift store.

EXPENSES BY PROGRAM

Program Breakdown 2025

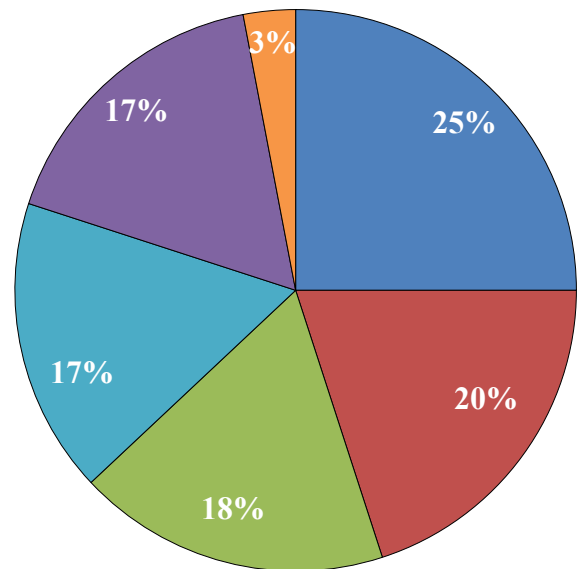
- Emergency Food Assistance
- Food Share
- Advocacy Programs
- Volunteer Program
- Other



Immediate food needs are our top priority, but addressing the root causes of food insecurity is required for any progress or change to be made. We offer a hand-up, not just a hand out.

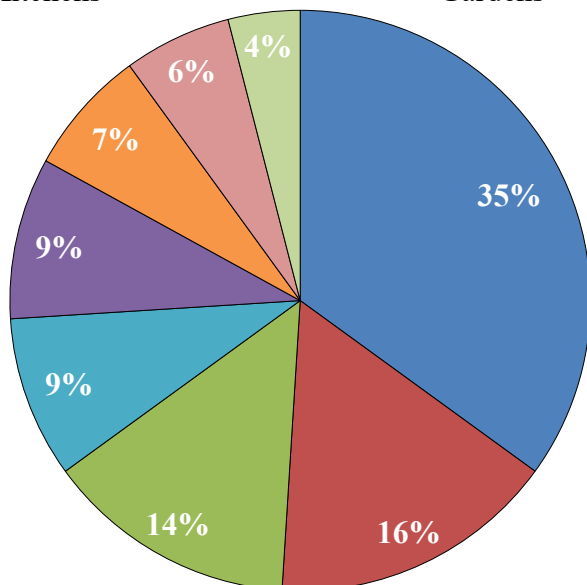
Advocacy Programs 2025

- Resource Room
- Co-op Kitchen & Classrooms
- Gardens
- TICCK
- Food Recovery
- Helpful Hobbies



Wages Breakdown 2025

- Emergency Food Assistance
- Administration
- Food Share
- Fundraising
- Volunteer
- Advocacy
- Kitchens
- Gardens



We are committed to providing a Living Wage, and a total compensation package that helps to attract and maintain quality employees.



MAJOR GRANTS AND FUNDERS

We do not receive ongoing funding from any source, but instead are eligible for project specific grants. In 2025, we focused our grant requests on building internal capacity to keep up with demand, and reducing barriers for our clients. The majority of support is received in donations, and fund-raising initiatives hosted by others on our behalf.

Food Banks Canada provided several grants to support our efforts in 2025:

- Standards of Excellence Grants to support our work towards Accreditation
- Capacity Boost Grant (Equipment Purchases and Commercial Freezer)
- Access Grant (Sound panels, bike racks, change tables, and special dietary foods)
- Walmart Fight Hunger Spark Change (Food and Operating Costs)
- Loblaws National Food Drive (Food and Operating Costs)
- After the Bell (Healthy Lunch Packs Children), supported by Subway Canada and several corporate partners
- Tax Clinic Outcomes Reporting Grant, supported by KPMG Canada for preparation of tax returns for client families
- Food Banks Alberta provided funds to assist with fresh egg purchases
- Food Banks Alberta Emergency Infrastructure Grant provided funds for kitchen and warehouse equipment



The United Way supported our Baby Bundle Program with a Community Fund Grant to provide a triad of support that includes nutrition, health and safety to expectant mothers and newborns, and provided funds for the City Wide Water Drive.



United Way
Lethbridge &
South Western Alberta



City of Lethbridge provided funds through the Community and Social Development Department to assist with food purchases, Reaching Home top up funding for technology upgrades, and a Community Capital Project Grant for our Floors and Doors project.

The Government of Canada provided grant support through the Canada Summer Jobs program to fund 2 summer students, and Enabling Accessibility funding for parking lot improvements we will undertake in 2026.



The Community Foundation of Lethbridge and Southwestern Alberta provided a Proactive Grant to assist with Emergency Food needs in December, and funds for parking lot improvements we will undertake in 2026.

Arconic Foundation supported our Food Rescue and Recovery activities by providing funds for staffing, equipment, and supplies.



ARCONIC
FOUNDATION



We received a Community Facility Enhancement Program Grant for our Floors and Doors project to improve offices, washrooms and replace bay doors in the North Warehouse, and a Community Initiatives Operations Grant to build our capacity in Fund Development and Volunteer Management

Help Age Canada provided grant funds in 2024 that were used in 2025 to augment our Helpful Hobbies Program, bringing seniors together to use their hobbies to support food bank programs and community engagement activities.

HelpAge

Canada

SPONSORS & CONTRIBUTORS

Guardians

Hobgoblin Foundation
Mikado Electric

Media

106.7 Rock
107.7 Kiss
94.1 CJOC
98.1 The Ranch
All Hits B-93.3
Bridge City News
CTV Lethbridge
Global News
Lethbridge Herald
Lethbridge News Now
Wild 95.5

Retailers

Costco Wholesale
Kosters Bakery
Lakeview Bakery
Lethbridge Food Market
Loblaw Companies Limited
London Drugs
Nutters Everyday Naturals
Ray's No Frills
Real Canadian Superstore
Save On Foods
Shoppers Drug Mart
Sobeys Uplands
Walmart Canada
Wholesale Club

Program and Event Support

Alberta Motor Association
Altis MSP
Amrize
Asyma
Avail CPA
Bunge
Cando Rails
Construction Lethbridge
Coleman Electric
Cornerstone Funeral Home
Davis GMC Buick
Elevate Construction
Evergreen Golf Centre
Excite Lethbridge
Floor Designs
Friesen Plastics
Logic Lumber & Insulation

Producers and Processors

Bayer Crop Science
Broxburn Vegetables
Cavendish Farms
Egg Farmers of Alberta
Farming Smarter
Grandview Cattle Feeders
Hutterian Brethren
Lantic Sugar
Nortera Foods Inc
Pepsico
Phoenix Farms
Red Hat Co-operative
Second Harvest
Sunshine Market Garden

Martin Geomatic Consultants
Neudorf Plumbing
Ossa Terra
Prime Catering
Rotary Club of Lethbridge East
Sandman Hotel Group
Silver Ridge Construction
Sound Barrier
Sunny South Veterinary Services
The Co-operators, Engler Agencies
The Mad Butcher
Tim Hortons
Tomiyama Family
Trevor Panczak
Ward Bros. Construction
Wesbridge Construction
Westland Insurance

Additional Grant Funders

Enterprise Mobility
Give One Legacy Foundation
Scotts Gro for Good
Starbucks Foundation
Stirling Wind Project

Priority Projects for 2026:

- Parking Lot Upgrade to address drainage issues, install lines, curbs and wheelchair accessible spaces.
- Refresh The Interfaith Chinook Country Kitchen with paint, wall protection and new island countertop.
- Purchase a Cube Van for Food Rescue and Food Share.
- Revitalize Project Protein by rebuilding awareness to increase livestock donations.

Project Protein



Project Protein sources animals from the livestock industry and almost \$48,000 of meat was processed into ground protein for food bank clients in 2025.

STRATEGIC PLAN 2026-2030

Interfaith Food Bank Society of Lethbridge (IFB) works in partnership with the community to alleviate hunger and its root causes while recognizing the dignity of those in need.

Community trends such as rising cost of living, increased demand for food support, and changing volunteer patterns make it essential for IFB to focus its efforts on a small number of high-impact priorities. Over the next five years, the organization will focus on three strategic priorities that support continuing to serve the community effectively while addressing food insecurity and its root causes.

Goal 2: Organizational Excellence and Sustainability

A strong and stable Interfaith Food Bank ensures that help is available when the need for food support grows.

Strategic Goal: IFB will continue to strengthen its organizational excellence so that it remains a stable, trusted, and well-run organization that attracts donors, funders, volunteers, staff, and community partners.

Outcomes:

- A strong and diversified donor and funding base.
- Clear and consistent operational processes.
- Increased financial stability to support services.
- IFB is widely recognized as a trusted community organization.

Goal 1: Client Dignity, Access, and Food Stability

Interfaith Food Bank's work ensures people can access the support they need with dignity and choice while moving toward food stability.

Strategic Goal: IFB will improve how clients access food and services by increasing choice, improving access, and supporting pathways toward greater food stability.

Outcomes:

- Clients experience dignity and respect when accessing services.
- Greater choice and flexibility in food distribution.
- More efficient use of food resources.
- More clients connected to services that support food stability.

Goal 3: Strong Staff and Volunteer Capacity

The strength of Interfaith Food Bank comes from the people who power it. Behind every client served is a team of dedicated staff and volunteers making it possible.

Strategic Goal: IFB will continue to develop, enhance, and sustain a stable, engaged, and well-supported workforce of staff and volunteers.

Outcomes:

- A stable and engaged workforce of staff and volunteers.
- Volunteers who feel valued, trained, and supported.
- Clear roles and strong internal communication.
- Staff and volunteer workloads that remain manageable as demand grows.



**INTERFAITH
FOOD BANK**
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